



The winter season 2019-20

ENJOY SKIING AND KEEP SAFE

Dolomiti Superski always dedicates great attention to the question of safety on the ski slopes, promoting year after year its own awareness campaign. Starting from the FIS rules of behaviour on the slopes, Dolomiti Superski has developed 8 advises with picture and pay off in order to prevent skiers from possible uncomfortable situations, granting their fun and safety on the slopes. Issues like self-responsibility, respect for others, awareness of one's own limits are central messages of the campaign, which is running on the Internet site, on social media and inside the brochure of Dolomiti Superski, seeking the attention of the public. Here are the 8 advises of the ENJOY-campaign:

1) Prudence and respect

Remember that you are not the only one on the slopes. Be constantly alert and respect other skiers.

2) Keep in control

Adapt your speed and way of skiing to your actual ability – enjoy yourself in the safest of ways.

3) Choose the right line of descent

Concentrate fully whilst skiing. Pay attention to the movements of those in front of you and choose your line accordingly.

4) Overtake with caution and keep a good distance

On the slopes it is possible to overtake both to the left and to the right, but always keep sufficient distance between yourself and other skiers. Sufficient distance means calculating a sufficient reaction time to any problem.

5) Look to the right and look to the left

Change direction at any junctions on the slopes and turn brusquely only if the way is clear.

6) Stopping on the slope

To rest a moment and take in the views in safety stop only at the sides of the slopes.

7) Taking a breather

Between one slope and the next think about taking a break to enjoy the sunshine and have a bite to eat – and then carry on in fine form.

8) Wearing of helmets – a wise choice

In Italy the wearing of a helmet is compulsory for children upto the age of 14 – and is a sensible precaution also for adults to take!

Dolomiti Superski brings to your attention that in Italy the use of a helmet is compulsory for children aged under 14 and is strongly recommended to all above that age also – ski in safety!

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